



ARC In Focus March 2025 Edition, Relational Connection

By meeting the presenting need and thinking, why might this be happening?

Supporting reconnection when everything calms

Taking the time to listen without going into problem solving mode

By empowering choice, individuality and self-expression

THE WAYS WE MAKE AN IMPACT

Sharing and celebrating milestones no matter how big or small

By connecting before correcting

By regulating ourselves and staying present to what's happening in the moment

Consistency across the care team means we are safe, reliable and predictable

Paying attention to the need to repair

By having goals and purpose, we have an atmosphere of hope for the here and now, along with planting seeds for the future